



Forster Public School Newsletter



Respect

Safety

Personal Best

Term 3 Week 9

Friday 18 September 2020

CALENDAR

SEPTEMBER

21 P & C Meeting
(postponed from 7 September)

25 Last Day of Term 3

OCTOBER

12 Students Return to School Term 4

School Canteen



Online ordering



Booking Form

P & C Uniform Shop



Order here



Principal Report – *Mrs Annie Everingham*

This week has been a wonderful week consisting of many 'random acts of kindness'. Students have loved sharing their stories of being kind to others. I have seen things like doors being held open, comments being made to each other about positive friendship qualities and students allowing others to go first. Our random acts of kindness have brought many smiles to many faces. Let's see if we can keep it going!

These holidays we are having softfall installed under the Kindergarten and Stage One play equipment. This will bring some extra brightness to our playground. The Kindergarten grass area will be levelled and new turf laid. To enable the grass to grow, Kindergarten students will be asked to play in an alternate area.

We had our second NDIS Connection Desk this week. This is a wonderful new initiative where you are able to book a session with a representative from NDIS. Deb Milligan, one of our Learning and Support teachers facilitates the meetings and supports you throughout. Maybe you would like to know if your child/children are eligible for NDIS, how to get a package started, what to do with a NDIS package, what to do if you are not happy with the services you are receiving. If you would like to know more, please do not hesitate to call. Session dates for next term will be advertised in the school newsletter once they have been confirmed.

Mrs Everingham has taken leave until the end of Term 3. Please contact the school office if you require any information about your child or upcoming events.

Lorelle O'Brien
Relieving Principal

A conversation to change a life!

Use these four steps and have a conversation that could change a life:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not ok, you can follow the conversation steps above to show them they're supported and help them find strategies to better manage the load. If they are ok, that person will know you're someone who cares enough to ask (ruok.org).

Lifeline 13 11 14
Kids Helpline 1800 55 1800
Beyond Blue 1300 224 636

Mr Sun and Mr Dalton.



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Head Street Forster 2428 Tel: 65556766 Email: forster-p.school@det.nsw.edu.au

RANDOM ACTS OF KINDNESS

6/9

Amber has asked people "How was your day?"
Tom has assisted people with adding voice to their powerpoint.
Kianna has cleaned up a shared area of the classroom.
Hailey helped someone up when they tripped over.
Matilda has said "Good Morning" to her teacher each day.
Wes helped another student during the lunchbreak.
Josh picked up rubbish in the playground that did not belong to him.
Elias wrote a nice message on a card to Mrs Henderson.
Belle made a beautiful card for her teacher.

3-4/8

Jess and Emma organised a card for Mrs Johe and had everyone in the classroom sign it. Seth helped clean up the classroom without being asked. James, Luke, Kate and Katie looked after their friend when they were upset. Taylah picked up rubbish that she didn't drop.

6/11

Sarah received a lovely message from Evie.
Mrs B received some very thoughtful notes and beautiful pictures.
Ella complimented Phoebe on her hair.
Canteen ladies gave Tenille and Riley a juice popper.
Evie received a lovely message from Sarah last week and so did Daniella.
Mikayla drew a sloth to help her brother with his assignment.
Phoebe made her sisters lunch for school.
Evie let Ruby sit i the front seat of the car.
Ella let her brother win in a game.
Daniella helped her Mum cook dinner.

We've had some beautiful acts of kindness this week in class 4-6/26

Jay ... pushing everyone's chairs in when we leave the room, picking up rubbish in the playground without being asked and picking up lunchboxes off the path that have been left out so no one trips over them.

Isabelle helped Jaxon in Mrs Nesbitt's class put on his shoes this morning.

Curtis helped Mrs Seddon pack away all the dress ups in the playground after recess.

Harley helped Mason with the wheelbarrow during garden, and read Josie a story during free time.

Jacob helped a friend have a happy lunchbreak.

3/29

Hallie - cheered up Marley when she was upset
Noah - cleaned up the art table and washed all the brushes
Piper - taught others how to make bookmarks
Presley - playing with Lilly when she looked lonely
Zeva - helping my younger brother pack his backpack
Maddie - helped Lilly when she was hurt
Indie - helped a friend when she lost her bookmark
Amayah - helped a friend pick up rubbish

In Class Blue Ringed Octopuses have discussed being kind and caring towards others. So we are writing this as a class this afternoon to send to you and tell you what we have done to be kind to others. Our examples of random acts of kindness include:

- * Ryan picked up rubbish in the playground without being asked to because he wants to look after our school;
- * Asha T sat with different people at lunch and played with them;
- * Kaiden gave his brother some money so he could buy something at the canteen;
- * Asha H apologised to Allira for being mean;
- * Milty asked his friend if he was ok after he hurt his shoulder;
- * Savannah helped Ally do her spelling this morning;
- * Tahlia let Payton join in on their game
- * Ally cheered a girl up who was upset under the cola;
- * Skye carried Tahlia's lunch box to her that she left under the cola;
- * Maddie helped cheer Asha H up because she forgot to bring her hat to school;
- * Jade helped Savannah with her spelling and soundwaves;
- * Kayden allowed someone to join in on their hide-and-seek game;
- * Allira cheered Ruby up when her friends upset her;
- * Logan tried to cheer Shakira up when she was upset;
- * Reyansh helped Kaiden get the ball back from the year 4s but they were nice about it;
- * Ruby helped Milty with his spelling

These 2 boys took time out of their lunch play to help weed the gardens. Oliver & Hayden did a great job and the Kitchen/garden ladies really appreciated the kind act.



**THIS WEEK'S POSITIVE
BEHAVIOUR FOR
LEARNING LESSON
(PBL)**



**Respect
Safety
Personal Best**

**Term 3 Week 10 - Our focus for the coming week's PBL lesson:
Being Safe in the School Holidays**

Learning Intention: Students understand the importance of being safe and know how to practise this while having fun in the school holidays.

Why is it important? Students need to understand that positive behaviour and learning is not just at school but in the wider community. We want all our students to know how to be safe and have fun in the school holidays.

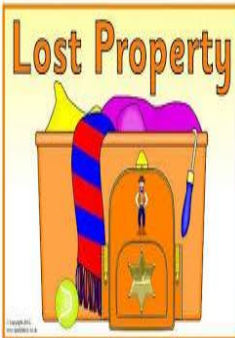
Specific skills to be taught: 1. Safety 2. Respect 3. Personal Best
School Rules for each value – see posters in each classroom.

Success Criteria: Looks like/Sounds like:

- Be responsible for yourself
- Do your best at all times
- Use positive talk and say please and thank you.
- Move around the community safely
- Be respectful to all people
- Participate in a positive way
- Practice Sun Safety by wearing sunscreen and hat
- Practice Bike Safety when riding your bike
- Use safety when crossing the road
- Follow the rules at the beach and swim between the flag

We remind ourselves and each other to always meet our three core values of safety, respect and personal best every day. If we do the right things, we may get rewarded with Class Dojo's or Hadley awards.

In Science, Stage 3 students have been focusing on the growth and survival of living things and how their adaptations over time suit their environment. Students have been investigating the scientific claim: *"Bird beaks have adapted to suit their habitats and food source"*.



LOST PROPERTY

Unfortunately each term we have an average of 80 to 100 pieces of UNNAMED lost items.

In a year that can add up to around \$2000!!

We would really like to reduce the amount of lost property (and save you money). We are in the process of developing an efficient system and more information will be coming soon.

In the meantime... we have been busy sorting through the lost property and returning clearly named items to their owners. But we still have a huge pile of unnamed property that we would like to get back to its owners.

We understand with COVID restrictions you have not been able to come into the school to check Lost Property or help your child find it. So next week on Tuesday, Wednesday and Thursday tables will be placed at the Head Street gates to allow you to search for items that were not named. There are also several non-school uniform items.

Please continue to observe COVID restrictions by remaining outside the school and observing social distancing. Tables will be accessible from 8:30 to 3pm.

We hope you are able to retrieve any lost items and we look forward to working with you to reduce our Lost Property.

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TERM 3 & 4 School Planner

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 10 September	21 P & C AGM Meeting	22	23	24	25 Last Day of Term 3
Term 4 October Week 1`	12 First Day of Term 4	13	14	15	16
Week 2 October	19	20	21	22	23

CANBERRA EXCURSION 2021

Just a reminder to please continue to use the payment plan envelopes for those Year 4 & 5 students going on the Canberra Excursion in 2021. Payments are not restricted to the amount allocated for each month.

At this stage the Canberra Excursion in August 2021 is still going ahead and I will continue to check that circumstances do not change. I am very hopeful that 2021 will be a return to normality for our students.

Continued Support

Thank you to the
Lakes & Ocean Hotel
for their continued support and
generous donations to our school.



IS IT BULLYING?

NOT NICE

When someone says or does something **unintentionally** hurtful and they only do it **once...**
That is **Not Nice**

MEAN

When someone says or does something **intentionally** hurtful and they do it **once...**
That is **Mean**

BULLYING

When someone says or does something **intentionally** hurtful and they keep doing it, over a period of time, even when you tell them to stop or show them that you are upset...

That is **Bullying**



NEXT P&C MEETING



AGM

Monday 21 September

(postponed from 7 September)

5:30pm via Zoom.

If you are interested in being a part of this meeting, please send an email and we will forward you the Zoom link.

forsterpublicschool@pandcaffiliate.org.au

BIRTHDAY CELEBRATIONS

Due to the current Covid 19 situation, our school is undertaking extra precautions and higher sanitisation.

Students are not allowed to share food and drinks at school. We also ask that parents do not send cupcakes, birthday cakes or any other homemade items to share with the class. An option may be to send in individually wrapped treats such as Freddo Frogs.

We appreciate your support.



Is Your Child Coming to Kindergarten in 2021?

**We are now taking enrolments.
Your child must be 5 by 31 July 2021.**

Enrolment packs are available at your local preschools or can be collected from the front office.



Kindergarten

News from the Kitchen/Garden

We have restocked the shelves at Farmers Patch with our produce that has been grown in our school veggie garden (chemical free).

New on the shelf, Rosemary Salt, Green Tomato Relish "sweet w/ heat" & Green Tomato & Choko Pickles.

Lemon Myrtle Tea available as well.

Pop in and say Hi to Mel, Adrian & the staff who happily support our program & get some fresh produce while your picking up some of our goods from the school kitchen.



Festival of the Child



THE LITTLE GARDENER

Saturday

September 19th &

October 17th

from 9am until 11am @

Forster Farmers Market

Children aged 2 to 5

especially welcome

your little gardeners will plant seedlings and take home a little garden

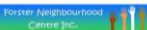
Please ring

Forster Neighbourhood Centre

To book in your child for this event!

6555 4351

Funded by Communities & Justice (DCJ)



Enquiries 6555 4351

New NAIDOC Week dates 8-15 November 2020.



YEAR 6 STUDENTS - "Then and Now" Photos

Our Year 6 students have traditionally brought in a baby photo and a current photo to be displayed in a slideshow on the night of their farewell. The slideshow is a highlight of the evening and the students look forward to it. The two photos need to be brought in before the end of Term 3 (**Friday 25 September 2020**).

The photos can be emailed directly to: renee.henderson7@det.nsw.edu.au or brought in on a USB.

Alternatively, students can bring the photos in and the teachers will scan them and return them before the end of term. The photos need to be good quality prints that are clear and appropriate to an audience. Any children unable to provide their own photo will be represented using their most recent school photo.

Brought to you by Active OOSH

ACTIVE Mornings

START YOUR DAY THE RIGHT WAY!

- A brand new sports program made based on what kids want!
- Stay healthy, keep fit and most of all HAVE FUN.
- Learn some new skills with our awesome, qualified staff.
- Prices start from as low as \$3.08 per session and is completely FREE for anybody attending Active OOSH that morning.
- Breakfast Included - Suitable for all ages

LIMITED SPACES AVAILABLE ENQUIRE TODAY!!

TURN OVER FOR MORE DETAILS ON HOW TO BOOK AND GO IN THE DRAW TO WIN AN IPAD MINI

MONDAY SEPT 28

BIG BOX CITY

Unlimited boxes to make whatever you want! Today we will be using boxes of all shapes and sizes to make our very own box city. What masterpiece are you going to build?



TUESDAY SEPT 29

ADVENTURE SPORTS CAMP

Today we will be forming teams and then battling it out to see who can win the Adventure Sports Cup. Tug o' war, egg and spoon races and archery will be held just to name a few.

WEDNESDAY SEPT 30

PIMP MY RIDE

Ride your wheels in for the ultimate makeover in the Active OOSH popup workshop. Want some cool accessories to make it stand out amongst the crowd? We can even make it sound like a motorbike.

THURSDAY OCT 1

SPRING COUNTRY FAIR

Roll up, roll up to the Spring Country Fair. Grab your tickets at the start of the day, guess the jelly bean jar, then play some fun carnival style games and win some awesome prizes.

FRIDAY OCT 2

TRIPLE TREAT CINEMA

That's right! The cinemas are closed so we are having our very own movie marathon at OOSH on the big screen. Drink, popcorn and chocolate provided.



Active OOSH 2020 SPRING SCHOOL HOLIDAY PROGRAM

MONDAY OCT 5

PUBLIC HOLIDAY



TUESDAY OCT 6

TEEN TITANS GO

Okay Super OOSHIES let's make some super gadgets like spy phones, invisible ink and exploding Kinder Surprise eggs to help you fight crime and save the day! We will have lots of super activities on offer.

WEDNESDAY OCT 7

TRICK, TREAT OR SLIME

Want to hear some skeleton puns? They're very humerus! Just like the range of scary and fun activities we have planned today. It's gonna be a great Halloween, I can feel it in my bones!

THURSDAY OCT 8

PIZZA, GELATO & SPORTS

Does it get much better than this? Today we will be ordering in pizza, eating ice cream and then playing some of our favourite sports at OOSH. Maybe not in that order.....

FRIDAY OCT 9

CLICK AND COLLECT

Today we are jumping online to order our very own toys to take home. They will then be delivered before your parents pick you up. What are you going to spend your \$10 on?



Bring your bike, scooter or skateboard to OOSH. Don't forget your helmet and other safety gear.



Please make sure you confirm your enrolment using MyGov to reduce your fees.



To see all the fun filled activities on offer for each day visit activeoosh.com.au

Operation Times: 7am - 6pm

TO MAKE A BOOKING CALL OR TEXT 0407 903 979

Email: accounts@activeoosh.com.au