



Forster Public School Newsletter



Respect

Safety

Personal Best

Term 3 Week 6

Friday 28 August 2020

CALENDAR

AUGUST

**31 ICAS
Mathematics
Competition**

SEPTEMBER

**4 ICAS Spelling
Bee Competition**

7 P & C Meeting

School Canteen



Online ordering at
quickclick.com.au



Principal Report – Mrs Annie Everingham

Hello to our Forster Public School Community.

This week is a week to celebrate all the wonderful things our School Administration and Support Staff do for our school. It is SAS STAFF Recognition Week!

SAS staff include all the lovely ladies in the front office and all our Learning Support officers in the classrooms, playgrounds and support unit. They are there every day helping our students do their very best at school. Not only do they help our students but they help the staff as well by doing an array of administration work to make each day run smoothly. We could not get through a week successfully without them! Thank you! Thank you! Thank you!

Please take the time to do our community survey around what our school does well and what our school can do better. I have attached the link again for those of you who missed out on it last week.

<https://forms.office.com/Pages/ResponsePage.aspx?id=muagBYpBwUecjZOHlhv5kSykyuaj4ChLi07c-uu1mlUMEjBN0I5N0U2MIM5UjYxSzFMMjhVR0IQRI4u>

The link is also on Facebook and Skoolbag. We need as many voices from the community as we can to help guide our next 4 years of planning. 27 parents so far have completed the survey and we would appreciate if more could complete it so we get a broad view for our future forecasting.

Thank you to all of you who have already responded. Your input is valued and WILL be used to guide our planning.

Our focus this week for Positive Behaviour For Learning (PBL) has been around classroom behaviour, in particular addressing non-compliance and respectful conversations and manner. This has been reiterated in the classroom throughout the week. We have had a lot of staff off sick in the past couple of weeks and many students have had casual teachers taking their classes. We need to instil in all our students that they need to treat all our teaching and non teaching staff, casual and permanent, with respect at all times.

We are busy planning a different type of NAIDOC week celebration for Term 4 Week 2. We are guided by the COVID safety measures and mindful we may not be able to have our Community attend in person....so we are coming up with alternate activities that involve all the school, every day of NAIDOC week. We will keep you all posted.

Please remember to support the school in our Sun Safety stance and ensure your child brings a wide brimmed school hat to school every day. We have had a few caps sneak in which do not protect children's necks or ears. We are requesting students who do not have a hat to play under the COLA to protect them from the harmful sun's rays.

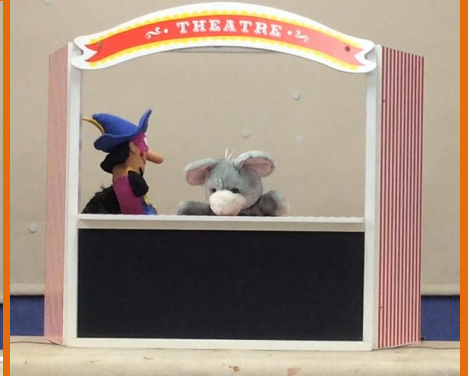
**Annie Everingham
Principal**

STAGE TWO NEWS

In Stage 2 Science we have been learning about and looking after meal worms.
4-4 Turtles have been enjoying sharing their fruit break with their new friends!



Over the past month the class 4/5 has been studying drama. We have all written scripts for a play. However, we have not acted in the play but have used puppets to perform the parts.



3 Flamingo and 3 Penguins getting their silver and bronze awards



Lily and Indianna 3-4/8
with their Great Barrier Reef speech



Fun in the Playground

Terrell was having a great day in the playground at Recess on Monday. Here he is on one of our pogo sticks. We all set him a challenge to see how many jumps he could do without stopping or falling off. At first he only did 26. The next time we counted, he did 100 jumps. You're a legend Terrell!



Thank you SASS staff for all you do!

This week we celebrate the efforts of SAS staff in school offices, classrooms, libraries and grounds across the state.

SASS Recognition Week is a special opportunity to thank our support staff for their dedication to our school communities.



THIS WEEK'S POSITIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



**Respect
Safety
Personal Best**

Term 3 Week 7 - Our focus for the coming week's PBL lesson:

Learning Intention: Students will understand the importance of being in the Right Place at the Right Time with the Right Behaviour.

Why is it important? So that students embrace school expectations as a means for them to practise 'doing the right thing, being in the right place and being safe and responsible.

Specific skills to be taught: 1. Safety 2. Respect 3. Personal Best
School Rules for each value – see posters in each classroom

Success Criteria: Looks like/Sounds like:

- Be responsible for yourself
- Keep your hands, feet and objects to yourself
- Follow teachers' directions
- Care for your own and other's property
- Walk to and from the toilets
- Food and Play free zone
- Flush the toilet after use and leave the toilet area clean
- Wash your hands and use toilet paper, soap and water correctly
- Use toilets during breaks and use the correct toilet allocated to your grade
- Be quick and leave promptly
- Respect the privacy of others
- Do your best at all times
- Use school talk and say please and thankyou

We remind ourselves and each other to always meet our three core values of safety, respect and personal best every day. If we do the right things, we may get rewarded with Class Dojo's or Hadley awards.

News from the Kitchen/ Garden Program

As part of our Food to Move theme, we looked at the humble egg. Eggs are packed full of essential nutrients & vitamins. It's a Super Food all in one!

Our recipe this week that Years 3 to 6 got to enjoy was a simple, quick Veggie Egg Slice using produce from our garden. We also talked about Free Range Chicken farms and had a look at our local farms in the area.



Veggie Slice Recipe

Type: Starter Serves: Recipe source: Home is where the Farm is.
From the Garden: Mixed Vegetables and herbs.
Cooks Note: Double Eggs for large slice pan

EQUIPMENT:

Chopping boards
Knives
Metric Measuring Cups & Spoons
Grater
Slice pan or cake tin 20x20cm tray
Spray oil for greasing pan or butter.

INGREDIENTS:

2 Shallots chopped
Mixed Herbs - parsley, dill
3 tbs Olive oil
3 cups Mixed Vegetables chopped
We used - Broccoli, Warrigal greens, carrots, zucchini and corn
1 cup tasty cheese grated
1 cup tasty cheese grated for sprinkling on top
6 Eggs small-whisked
3 tablespoons Plain Flour
Pinch of salt & pepper
Feel free to change or add more vegetables.

What to do:

1. Preheat oven to 200c grease a pan 20cmx20cm
2. Combine all ingredients into a mixing bowl and mix well.
3. Pour mixture into the greased pan, spread to the sides and then sprinkle extra cheese on top.
4. Put into the oven to bake for 15mins - cooking times can vary depending on your oven and how many vegetables used.
5. Remove from oven and cut into slices. The slice should be firm enough to hold its shape.
6. Enjoy your delicious and healthy veggie slice - add a salad to make a meal of your dish.



P & C Notice of AGM

The Forster Public School Parents & Citizens Association (P&C) is a not for profit organisation, made up of Parents, Carers and Community Members with an interest in the school.

With a very active school community, the Forster Public School P&C coordinates a number of events and activities across the year to provide a range of benefits to our children. This includes fundraising activities, supporting school events and initiatives, coordination of the uniform shop, as well as providing a voice for Parents and Carers within the school community.

Any monies raised from our fundraising goes towards additional facilities and equipment within the school. Last year we raised \$6,000 towards new play equipment for the students.

How can I get involved?

The P&C isn't just about meetings, you can get involved in a number of ways. Many join to provide input into decision making within the school, but others like to help out in our uniform shop or volunteer at events.

Committee meetings are held on Week 3 and Week 8 of each school term, at 5:30pm in the school staff room or via Zoom.

Annual General Meeting (AGM) details

This is usually held Week 8 of Term 1, however due to COVID-19 our AGM has been delayed. This year the AGM will be held 5:30pm, 7 September 2020 via Zoom.

To join and vote at our AGM, please complete the nomination form (separate note on Skoolbag) and return to the front office, along with the nominal \$1 membership fee, prior to the meeting.

"Then and Now" Photos

Our Year 6 students have traditionally brought in a baby photo and a current photo to be displayed in a slideshow on the night of their farewell. The slideshow is a highlight of the evening and the students look forward to it. The two photos need to be brought in before the end of Term 3 (Friday 25 September 2020).

The photos can be emailed directly to: renee.henderson7@det.nsw.edu.au or brought in on a USB. Alternatively, students can bring the photos in and the teachers will scan them and return them before the end of term. The photos need to be good quality prints that are clear and appropriate to an audience. Any children unable to provide their own photo will be represented using their most recent school photo.

TERM 3 School Planner

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 7 Aug/Sept	31 ICAS Mathematics Competition	1	2	3	4 ICAS Spelling Bee Competition
Week 8 September	7 P&C Meeting 5.30pm via Zoom	8	9	10	11
Week 9 September	14	15	16	17	18

BIRTHDAY CELEBRATIONS

Due to the current Covid 19 situation, our school is undertaking extra precautions and higher sanitisation.

Students are not allowed to share food and drinks at school. We also ask that parents do not send cupcakes, birthday cakes or any other homemade items to share with the class. An option may be to send in individually wrapped treats such as Freddo Frogs.

We appreciate your support.



Community Survey

We are currently evaluating our current school plan and looking towards the next four years. We would love for you to be part of this process. Please access the link below to complete the "Community Survey for our new School Improvement Plan 2021-2024."

We appreciate your support.

<https://forms.office.com/Pages/ResponsePage.aspx?id=muagBYpBwUecJZOJHh5kSykyuai4ChLi07c-uu1mIUMEJBN0I5NOU2MIM5UjYxSzFMMjhVR0JQRi4u>

NEXT P&C MEETING

AGM



Monday 7 September

5:30pm via Zoom.

If you are interested in being a part of this meeting, please send an email and we will forward you the Zoom link.

forsterpublicschool@pandcaffiliate.org.au

Is Your Child Coming to Kindergarten in 2021?

We are now taking enrolments. Your child must be 5 by 31 July 2021.

Enrolment packs are available at your local preschools or can be collected from the front office.



Kindergarten



- A brand new sports program made based on what kids want!
- Stay healthy, keep fit and most of all HAVE FUN.
- Learn some new skills with our awesome, qualified staff.
- Prices start from as low as \$3.08 per session and is completely FREE for anybody attending Active OOSH that morning.
- Breakfast Included - Suitable for all ages

LIMITED SPACES AVAILABLE ENQUIRE TODAY!!

TURN OVER FOR MORE DETAILS ON HOW TO BOOK AND GO IN THE DRAW TO WIN AN IPAD MINI

Please fill out and hand this sheet into the Active OOSH at your school.

Child/ren Name/s:

Active Mornings is running every school day from 6.30am until the bell rings at school. Join in on a booked session at whatever time suits you. Breakfast will be provided.

We recommend that you make a regular booking to guarantee a spot. Regular bookings can be cancelled at anytime and won't be charged if more than 24 hours notice is given.

I/we would like to go on the following days: (Please Tick)

- | | |
|--|--|
| <input type="checkbox"/> Every Monday | <input type="checkbox"/> I am already enrolled at Active OOSH |
| <input type="checkbox"/> Every Tuesday | |
| <input type="checkbox"/> Every Wednesday | <input type="checkbox"/> I am NOT enrolled at Active OOSH |
| <input type="checkbox"/> Every Thursday | (You will need to but don't worry enrolment at Active OOSH is free!) |
| <input type="checkbox"/> Every Friday | |
| <input type="checkbox"/> On A Casual Basis (Casual spots are not guaranteed) | |

Starting From: NOW or Date: (Please Circle)

Favourite Sport/s: _____

Parent/Carer Name:

Parent/Carer Contact Number:

For all other enquires or bookings via phone call/text: 0407 903 979

ALL CHILDREN WHO BOOK IN AT LEAST ONE SESSION WILL GO IN THE DRAW TO WIN AN IPAD MINI FOR ADDITIONAL INFO OR T&C'S VISIT OUR WEBSITE ACTIVEOOSH.COM.AU