



Forster Public School Newsletter



Respect

Safety

Personal Best

Term 3 Week 1

Friday 24 July 2020

CALENDAR

JULY

**29 NDIS Parent/
Carer
Information
Session**

AUGUST

**3 P & C Meeting
5.30pm via Zoom**



If you have any queries
please do not hesitate to
contact us on

Email:

aftersales@theschoolphotographer.com.au

Phone: 02 9674 9824

Website:

theschoolphotographer.com.au

The following groups:
School Leaders, School
Captains & Vice Captains,
SRC and House Captains
can view and order the photos
online only using the order
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Principal Report – *Mrs Annie Everingham*

Welcome back everyone! It is so lovely to have all our students back and ready to learn.

Staff are commenting on how settled the students are and how engaged they have been in their learning.

Kitchen/garden is operating in a modified version this term. Stef, Ellen and Trish are using the ingredients in the garden to cook food and are delivering the food to the students. This week classes have been sitting around the yarning circle and discussing the foods after tasting them. Staff are wearing gloves and using tongs and paper towels to ensure there is minimal contact of food.



I have included in the newsletter the School Community Charter for your viewing. This charter outlines the responsibilities of parents, carers, educators and school staff in NSW Public Schools to ensure our learning environments are collaborative, supportive and cohesive. Please take the time to read this on page 5.

At this stage parent and carers are still unable to enter the school grounds. This is a continuation of providing a

safe environment for your student to come to school each day. Exit and entries are the same as last term. The pickups each afternoon are much smoother now with everyone involved knowing the protocols. Thank you for your ongoing support.

I would like to thank Vicki and her team at Noble Reality, for their kind donation of \$250 dollars to assist students and families in need at our school. This is much appreciated by the Forster Public School Community and will go to good use supporting families with uniforms, excursions and school resources.



We are still unsure as to what our orientation for kindergarten will look like this year. We are waiting to hear more from the department around this. Please continue to enrol your Kindy 2021 child, as we will send out information to you once we know what is happening. We are in the process of ordering our Kindy 2021 T-shirts!

Have a wonderful weekend everyone.

Annie Everingham
Principal

**THIS WEEK'S POSITIVE
BEHAVIOUR FOR
LEARNING LESSON
(PBL)**



ANTI-BULLYING

**Respect
Safety
Personal Best**

Term 3 Week 2 & 3 - Our focus for the coming week's PBL lesson:

Under the umbrella of our Positive Behaviour for Learning students will be engaging in a series of Anti-Bullying lessons over the coming weeks as part of our school's Anti-Bullying Action Plan. These lessons will look at relationships and how people work and interrelate with each other. Lessons are graded for each learning stage.

All students across K-6 will:

- Know their sense of their own worth and dignity.
- Respect the right of others to hold different values and attitudes from their own.
- Enjoy a sense of belonging.

Early Stage 1-Kindergarten: What does my world look like?

- groups we belong to including families, classes and community
- appreciating and accepting our differences
- characteristics that make a good friend
- keeping myself and others safe from bullying.

Students will:

- Identify how individuals care for each other.
- Relate well to others in work and play situations.
-

Stage 1- Year 1 and 2: What is a Family?

- families can be similar or different to my own
- everyone has a personal identity
- caring for others
- protecting myself from bullying
- keeping others safe from bullying.

Students will:

- Develop positive relationships with peers and other people.
- Describe how relationships with a range of people enhance wellbeing.

Stage 2-Years 3 and 4: Why is It Important to Belong?

- that belonging is important and people belong to many different groups
- that diversity and difference enrich our society
- the value of diversity in our local community and school
- how to recognise bullying
- how to respond to bullying at school using school wide responses
- protective behaviours to keep ourselves and others safe from bullying.

Students will:

- Describe how relationships with a range of people enhance wellbeing.
- Make positive contributions in group activities.

Stage 3 Years 5 and 6: What factors influence or shape identity?

- stereotypes and biases of individuals and groups may not always reflect reality
- values and beliefs influence the decisions and actions of others
- how Australia has changed over time and how this has contributed to our diverse society
- how values and attitudes have changed over time
- exploring commonly held values such as respect, fairness and equality
- how identity is shaped by many factors such as, family, cultural influences, gender and background.

Students will:

- Describe roles and responsibilities in developing and maintaining positive relationships.
- Act in ways that enhance the contribution of self and others in a range of cooperative situations.
- Explain and demonstrate strategies for dealing with life changes.

We remind ourselves and each other to always meet our three core values of safety, respect and personal best every day. If we do the right things, we may get rewarded with Class Dojo's or Hadley awards.

TERM 3 School Planner

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2 July	27	28	29 NDIS Parent/ Carer Information Session	30	31
Week 3 August	3 P & C Meeting 5:30pm via Zoom	4	5	6	7
Week 4 August	10	11	12	13	14

Is Your Child Coming to Kindergarten in 2021?

We are now taking enrolments.

Your child must be 5 by 31 July 2021.

Enrolment packs are available at your local preschools or can be collected from the front office.

External Providers

We have been working very closely with the National Disability Insurance Scheme Transition Coordinator from the DoE.

Thank you for your patience, we know that many people are wanting to restart therapy sessions.

We will be running a workshop for parents on Wednesday 29 July @ 9 am in the school hall. If you would like to attend please call the school to book a seat as numbers will be limited while we adhere to safety measures.

NDIS Parent/Carer Information Session at Forster Public School

Come along to our parent/carers NDIS information session and find out how we can work together to support your child to achieve their educational goals. We have recently introduced new structures to support this process. We look forward to seeing you there.

Wednesday 29th July
School Hall
9.00 - 10.30am

NEXT P&C MEETING

Monday 3 August

5:30pm via Zoom.

If you are interested in being a part of this meeting, please send an email and we will forward you the Zoom link.

forsterpublicschool@pandacaffiliate.org.au

Education Week 'Learning Together'

This year we will celebrate Education Week virtually. Watch out for our school facebook page for images of students 'Learning Together'.



Ed.
week
3-7 August
2020



nab AFL Auskick is simply the best introduction to the world of Australian Football. Auskickers run, jump, kick, laugh, express themselves & create their own special moments. No matter if you know the game or not Auskick is for everyone aged 5-12.

Where : Johnny Martin Oval Taree

Starts Thursday 30th July

4:15pm - 5:15pm

10 week program \$85

Register at : play.afl.com

FORSTER PS – Meet the Staff

Hello everyone! My name is Laura Chapple and I am currently a Year 2 teacher here at Forster Public School. Unbelievably, this is my seventh year at Forster after moving all the way down from sunny Queensland in 2014! Before I was a teacher, I spent most of my time as a ballerina but eventually decided to hang up my point shoes for the classroom.

Now days when I'm not at school, I spend all my time either painting, reading, drinking coffee or going to the beach with my beautiful puppy. Fun Facts about me: I have bungee jumped, cliff jumped, sky dived and free climbed lots of times. I've hiked from one side of Spain to the other. I can't cook at all but I can speed read!



The Nationally Consistent Collection of Data on School Students with Disability (NCCD)

We are currently gathering data for The Nationally Consistent Collection of Data on School Students with Disability (NCCD) which takes place every year. The NCCD is a collection that counts:

- the number of school students receiving an adjustment or 'help' due to a disability
- the level of adjustment they are receiving to access education on the same basis as other students.

Students are counted in the NCCD if they receive ongoing adjustments at school due to disability. This 'help' allows them to access education on the same basis as a child without disability. Schools are required to provide this information to education authorities.

Further Information can be found at

<https://www.nccd.edu.au/sites/default/files/fact%20sheet%20for%20parents%20guardians%20and%20carers.pdf>



ICAS

please note closing date extended till 2 Aug

What are ICAS Assessments?

- Online assessments designed to recognize and reward academic excellence.
- Students are assessed on their ability to apply classroom learning to new contexts using higher-order thinking and problem solving skills.
- All students are rewarded with an academic certificate. Highest performing students receive a medal presented at ICAS medal ceremonies around Australia.
- Online results are usually available 4 – 6 days after the sitting window.
- Assessments are suitable for students wishing to extend themselves academically and take up the challenge of competing in an international assessment.
- ICAS Assessments are completed online, (with the exception of Year 3 & 4 writing which is a pencil and paper test).

The available sitting dates for each Assessment are listed below.

Subject	Sitting Dates	Cost
ICAS Science	Monday 17 th August to Friday 21 st August 2020	\$15.95
ICAS Digital Technologies	Monday 24 th August to Friday 28 th August 2020	\$15.95
ICAS English	Monday 24 th August to Friday 28 th August 2020	\$15.95
ICAS Mathematics	Monday 31 st August to Friday 4 th September 2020	\$15.95
ICAS Spelling Bee	Monday 31 st August to Friday 4 th September 2020	\$15.95

- ICAS Writing (all year levels) is not offered in 2020

Using the above information along with classroom timetables and resource availability, the school will determine which date will be set for each of the assessments.

If you would like your child to participate in any of the subjects listed above, please visit the online Parent Payment System to make a direct payment to UNSW Global. The Parent Payment System is a simple and secure online payment service specifically for parents to purchase ICAS Assessments.

The web link is: <https://shop.unswglobal.com.au/pages/pps>

Our school's unique access code is: SNR694

Online payment closes Friday, 2 August 2020.

IMPORTANT: Please enter your child's name accurately into the System as it will appear on their ICAS certificate.

Payment for these assessments can only be made online directly to UNSW Global.

Good for Kids good for life

EASY SWAPS IN THE LUNCHBOX

Packing healthy snacks in the lunchbox does not have to be time consuming. Swap from some of these common 'sometimes' lunchbox products to easy alternatives that add extra fibre and nutrition to your child's day:

- Chips → Wholegrain rice cracker bites
- Biscuit and cream cheese snack → carrot sticks and hummus
- Muffin or muffin bar → pikelets
- Tiny teddies → Whole grain fruity bites



Good for Kids good for life

KEEPING ACTIVE IN WINTER

It can be tempting to let kids spend more time on screens during the winter months, with cooler temperatures and less daylight hours. But keeping active for **at least one hour each day** is still important, and also helps to keep warm!

Try some these activities that can also be done indoors:

- Make up a dance
- Hula hooping or skipping
- Pretend to move like different animals - scuttle side-to-side like a crab or hop like a kangaroo
- Start a family fitness challenge - who can do the most push-ups, squats, sit ups
- Use a pair of socks or balloons to play indoor volleyball, tennis, soccer or football



Forster Public School proudly stands on Worimi land

Head Street Forster 2428 Tel: 65556766 Email: forster-p.school@det.nsw.edu.au



MUSIC NEWS

The Band programme will start again this coming week. After a break for all of Term 2 it will take lots of practising and remembering to come to lessons from all our young musicians.

Lesson times:

Tuesdays in the MPC – Percussion, drums, keyboard with Tanya Berry

Tuesdays in the Music Room – flute with Marie Battle

Wednesdays in the Music Room – clarinet, saxophone, trombone with Elizabeth Berry

Fridays in the Music Room – trumpet with Nick Parsons

BAND REHEARSALS are held in the Hall/MPC each week starting at 8.00am. It is just as important to be at each rehearsal as well as your instrument lessons because this is where you learn how to play as part of a group and how to stay in time. And it is where everyone learns how to play the pieces we will perform for concerts or other events. It is also important to bring your Essential Elements book, band music and a pencil with you.

If you have your lesson on one day and then your lesson on another day, ask your classroom teacher if you can leave your instrument in your classroom. Please remember to then take it all home to practise ready for next week.

CONCERT BAND Rehearsal is WEDNESDAY 8.00am each week.

Rehearsals start Week 2 this term.

TRAINING BAND Rehearsal is TUESDAY 8.00am each week

Rehearsals start Week 3 this term.

Parents and Carers: An invoice will be sent home with students in Week 2. It will show how tutoring fees for lessons missed in Term 1 because of the covid 19 restrictions have been deducted. Then Term 3 fees will be shown and then the total due for each student.

Happy music making,

Elizabeth Berry – Music Director

Use the Kiss & Ride zone

**Kids look to you
to keep them safe...**
**Know the signs.
Know the rules.**



Kiss & Ride Zones

No Parking Zones

At schools, all of these signs have the same rules:

Drivers may drop off or pick up children during the times shown, but note:

- the maximum stopping time is 2 minutes
- the driver must remain within 3 metres of the vehicle.

Fines and loss of demerit points apply.

A road safety initiative from MidCoast Council



**Kids look to you
to keep them safe...**

**Know the signs.
Know the rules.**



Bus Zones

Stopping is not permitted during the times shown on this sign.



No Stopping Zones

Stopping is not permitted any time.



No Parking Zones

Drivers may drop off or pick up children during the times shown, but note:

- the maximum stopping time is 2 minutes
- the driver must remain within 3 metres of the vehicle.

Fines and loss of demerit points apply.

A road safety initiative from MidCoast Council

MidCoast Council



School Community Charter

Collaborative. Respectful. Communication.

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with respect

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.

© NSW Department of Education



We create collaborative learning environments

We all play our part

We work in partnership to promote student learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students.

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



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School Community Charter

education.nsw.gov.au

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