



Forster Public School Newsletter



Respect

Safety

Personal Best

Term 4 Week 5

Friday 13 November 2020

CALENDAR

DECEMBER

8 Presentation Day
14 Yr 6 Farewell

School Canteen



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Principal Report – *Mrs Annie Everingham*

Hello everyone,

As you may have been aware I have been on leave for a few weeks. It is lovely to be back and to see the kids and staff again. I would like to thank Lorelle O'Brien for stepping into the Principal role with ease over the 6 week period and leading the team with such professionalism and commitment.

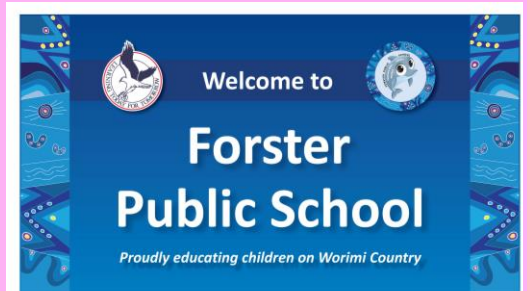
As most of you will know, due to my letter out to the community this week, I am finishing up at the end of this year as Principal at Forster Public School and taking some long service leave until my retirement in late August. This has not been an easy decision as I have loved my time here. It comes after weeks and weeks of contemplating and discussions with my family. I have attached the letter in case you missed it this week. I look forward to catching up with families before I leave and to spend as much time as I can with our beautiful students and amazing staff.

I have worked with my Director for the replacement of me for 2021. It gives me great pleasure to announce that Mrs Lorelle O'Brien will be the relieving Principal in 2021 with the Directors support. Most of you will know Mrs O'Brien in her current role as Deputy Principal. Mrs O'Brien knows our school community well and will continue to drive quality teaching and learning across the school. I know you will all support her in her role next year. I feel very confident in leaving you in her capable hands.

We will be seeking a relieving Deputy Principal in the next few weeks to relieve in Mrs O'Briens current position for 2021.

This week has been very eventful with our Aboriginal Education Team organising an epic NAIDOC WEEK celebration. As you drive past our school you will have viewed the amazing artwork and sculptures created by our students K-6. We have had special dancing groups perform, basket weaving, cooking of Lemon Myrtle Biscuits and Johnny Cakes, designing banners, creating braids, competing in Indigenous Sporting activities and culminating in wonderful recognition assemblies for many of our Indigenous students and their peers.

We also revealed two signs that Mrs Murray instigated that celebrates the fact that we are all learning on Woorimi country and another that tells the story of the Yarning Circle.



Annie Everingham
Principal

'WORIMI - Always Was, Always Will Be Forster Public School NAIDOC Celebrations'

This week students and staff celebrated NAIDOC Week. Our activities and events had to be organised to follow COVID guidelines, and we really missed sharing the week with our parents and community. The week had a focus on learning about, and the appreciation of, Aboriginal culture and the meaning of this year's theme 'Always Was, Always Will Be'.

The students played Yulunga Games (Traditional Indigenous Games) such as Weme, Gorri, Tambil Tambil, Kai, Woomera, Gitja, Jirrakayi-ku, Juluhya, Kalkadoon Kee'an and Kungirruna. **The Year 6 Koori students and their helpers did a fantastic job leading the games.** There were many positive comments about their organisation, explanations and encouragement and all received a Certificate of Appreciation at the assembly. **A big thank you also goes to Mr Maher who worked with the students and helped them set up each day, ably assisted by Will Simon.**



'What's Cooking on Worimi Country?' saw the children taste test foods such as Johnny Cakes with Lilly Pilly Jam, Lemon Myrtle Biscuits and Warrigal Greens in scrolls. The children viewed a slideshow made by Will and Steph. Another slideshow was made by our Kitchen Garden teacher who explained the traditional ingredients and showed the preparation and cooking. **Many thanks to Steph, Ellen and Trish for their help and Jerramy in Year 3 who assisted with the Johnny Cakes.**





All students painted a triangle piece of fabric that will be hung around the school as bunting. The colours of the Aboriginal and Torres Strait Islander flags were used and the children placed a handprint in the centre and then showed their dot painting skills filling the background. They look fantastic and should make an amazing display to remind us about our NAIDOC activities and the meaning of the flags and their colours.

Thanks to Will for working with most of the classes to talk about the flags. We would also like to thank Bunnings for donating the paint and gloves. Each year they contribute to our NAIDOC Week activities in some way.



One of the favourite activities was plaiting and beading bracelets, headbands and necklaces in red, black, yellow and also the pastel colours that are in this year's poster. **Thanks to Bria for having the patience to teach plaiting!** The children love to have something to wear and to take home.



Thanks to the Aboriginal Education team at FPS who have worked hard for many weeks to ensure that we had a special NAIDOC week. Also to Will and Bria for organising the dance groups, Miss Egan for editing the video and Mrs Clemensen for the amazing art displays.



Term 4 Week 6 - Our focus for the coming week's PBL lesson:

Be the "I" in Kind and Make Someone's Day

THIS WEEK'S POSITIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



Learning Intention: Students can describe what being kind looks like and why it is important to do this without expecting something back.

Why is it important? Students need to understand that kindness is part of good manners.

Specific skills to be taught: 1. Safety 2. Respect 3. Personal Best

School Rules for each value – see posters in each classroom.

Success Criteria: Looks like/Sounds like:

- Use school talk
- Keep your hands, feet and objects to yourself
- Be responsible for yourself
- Care for others and their belongings
- Play fairly
- Listen to those who are speaking
- Encourage others to play
- Applause at the correct time
- Participate in a positive way
- Include others in your activities
- Follow teachers' directions
- Always put rubbish in the bins provided
- Care for your own and other's property
- Enjoy our gardens with your eyes and look after our environment



Respect
Safety
Personal Best

We remind ourselves and each other to always meet our three core values of safety, respect and personal best every day. If we do the right things, we may get rewarded with Class Dojos or Hadley awards.

Kitchen & Garden News

What a week it has been in the Kitchen prepping for NAIDOC Week.

We made over 700 Lemon Myrtle Biscuits and Johnny Cakes for all to try from Kindy kids to Year 6 and I'll have to say lots of happy kids enjoying the food & licking the Lilly pilly Jam off their fingers.

It has been a great experience being involved in the celebrations this year and sharing our school grown produce is even more rewarding.

We have Lemon Myrtle Tea available to buy at Farmers Patch and Lemon Myrtle Spice will be added to their shelves next week.



Forster Primary School Kitchen/Garden Program
Naidoc Week "What's Cooking on Worimi Country"

Lemon Myrtle Biscuits

Season: All Season- Lemon Myrtle leaves were cut & left to dry then crushed & process to a spice.

Serves: 25

Recipe source: Ellen's Biscuit recipe passed down from her mum with the addition of Lemon Myrtle spice.

Equipment:

Large bowl for mixing dough
Baking tray
Baking paper

Measuring cups & spoons

Ingredients:

250g Plain Flour or Gluten Free
170g White Sugar
80g Self raising Flour
250g butter of dairy free substitute
2 tbs of Lemon Myrtle Spice

What to do:

Preheat oven to 180%

1. Place softened butter and all other ingredients in a large bowl. Mix with your hands until combined.
2. Place dough onto bench & Roll mixture in to a log shape like a snake.
3. Slice into ½ cm discs and lay onto baking paper.
4. Place tray into Oven & cook for about 10-12 minutes or until slightly golden.
5. Allow to cool and enjoy

Notes: Lemon Myrtle tea can be crushed & made into a spice by a mortar & pestle or a food processor. Lemon Myrtle Tea & spice available to buy at our Local Farmers Patch Fruit & Veggie Shop. All proceeds go back into the program.



Remembrance Day

It was lovely to see our teaching staff joining in on Remembrance Day celebrations.





The School
Photographer

ABN 47 083 674 613
Unit 20 / 14-16 Stanton Road, SEVEN HILLS NSW 2147
Phone 02 9614 9881 Fax 02 9622 5289
e-mail: enquiries@theschoolphotographer.com.au



3rd November 2020

Forster Public School

REORDER PHOTOS

Please find below, a list of all the sports/special photographs available.

These can be viewed and ordered online at www.theschoolphotographer.com.au
using the Online Order Code below:

20S1553PC41F

The photo prices are:

\$18.00 each, 2 for \$34.00, 3 for \$46.00, 4 for \$58.00 or 5 for \$70.00

Any additional photographs are \$10.00 each. This discount is only available per family order.

The photos will be available to view and purchase ONLINE ONLY

Name of Group	Name of Group
School Leaders	School Captains and Vice Captains
SRC	House Captains
School Leaders - No Names	House Captains - No Names

YEAR 6 FAREWELL INFORMATION

Due to the current circumstances and ongoing COVID restrictions the Year 6 end of year farewell will take place on school grounds, unless circumstances change. The staff would like to make this as special as we can for our Year 6 students to celebrate their last year of Primary school. We are required to follow the COVID Guidelines and will continue to check these as they are updated.

Date: Monday 14 December

Time: TBA

Location: Forster Public School

Dress: Comfortable Smart Casual and age appropriate.

Menu- Individually packaged TBA

Further information and notes home will be given closer to the farewell date.

Thank you for your support and understanding.

Stage 3 Team

Year 7 Selective High School Applications 2022

Applications for placement in Year 7 in selective high schools in 2022 will be accepted from **Tuesday, 13 October 2020 to Monday, 16 November 2020.**

Parents/Carers must apply online at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>

All applicants are required to sit the Selective High School Placement Test to be held on Thursday 11 March 2021.



Surfing the Spectrum

We are running a free event in Forster on 21 November. Surfing the Spectrum is a community-based surfing initiative, connecting volunteers to people with autism in an ocean environment, teaching the participants ocean awareness and promoting the benefits of surf therapy. Surfing the Spectrum are free volunteer based surf events for children with Autism and their families. Surf Therapy is a new approach to traditional therapeutic techniques which has been growing world-wide. For children with Autism, surfing provides many benefits. Most significantly it aids in development of sensory integration achieved through exposure to new experiences and sensory stimuli (tactile, auditory, visual, proprioceptive, and vestibular).

*This event is for children aged 5-18

The link below heads to the registration page

<https://www.eventbrite.com.au/e/surfing-the-spectrum-forster-tickets->

Hoping some of your families can join us for some respite at the beach!

Is Your Child Coming to Kindergarten in 2021?

We are now taking enrolments. Your child must be 5 years of age by 31 July 2021.

Enrolment packs are available at your local preschools or can be collected from the front office.



Kindergarten

Forster Public School proudly stands on Worimi land

Head Street Forster 2428 Tel: 65556766 Email: forster-p.school@det.nsw.edu.au



FORSTER PUBLIC SCHOOL

SAFETY

RESPECT

PERSONAL BEST

Forster Public School- Head St Forster- Phone 6555 6766 - Email forster-p.school@det.nsw.edu.au

Dear Parents/Carers,

I am writing this letter to inform you of a hard decision I have come to after many lengthy discussions with my family and peers and lengthy consideration of all involved.

As of January 2021, I will be taking long service leave until my retirement at the end of August 2021. These last five weeks will be my last weeks as Principal of Forster Public School.

This is not what I had planned but various personal and professional circumstances have swayed my decision.

I am so proud of what we have achieved at Forster Public School in my 2 and a half years as Principal. I am proud of the strong, committed executive team and the hard working dedicated staff. I am proud of the families that work with us so closely to ensure our students are supported in their learning and their social and emotional growth.

I have loved my time at Forster Public School and feel privileged to have been given the opportunity to lead and support the school through many complex and challenging times along with celebrating the many and varied successes.

I know you will continue to support the executive and staff in providing a quality environment for your child to grow and learn.

It is now time for me to slow down and enjoy time with my husband, our 6 children, our 4 grandchildren, our elderly mothers, our own siblings and this beautiful coastal paradise we now call our home.

We are enjoying being on our way to becoming locals and look forward to crossing your paths over the years and checking on your children and their dreams and growth.

I am working with my Director to put a plan in place for a Relieving Principal over my time on leave. I will keep you posted and informed as decisions are made.

Yours in Education,

Annie Everingham

11 November 2020