



Forster Public School

A vibrant, caring and successful learning community



Respect

Personal Best

Safety

Find us at: Head Street, Forster Tel: 6555 6766

Fax: 65556374

Email: forster-p.school@det.nsw.edu.au

Term 1 Week 4

Monday, 13 February 2017

DATES FOR YOUR DIARY

(please see Skoolbag for further details and copy of notes)

Term 1 - 2017

Week 5

21 Feb Meet the Teacher's night

22 Feb Volunteers Welcome Day
Zone Swimming Carnival

24 Feb Hunter Tennis Trials

Week 6

2 Mar Hunter Swimming Carnival

3 Mar Clean Up Australia Day

Week 7

8 Mar Cross Country

Zone Rugby League Trials

Week 8

13 Mar P & C AGM & Meeting - 7pm staffroom

Week 9

22 Mar Zone Winter Football Trials

24 Mar Hunter Rugby League 11yrs/Open Trials

Principal's / Deputy Principals' Report

The 2017 School Executive:

Rick Clissold	Principal
Anne Evans	Deputy Principal-Relieving
Katrina Pettet	Deputy Principal-Relieving
Karen Austin	Instructional Leader - DP
Keryn Stone	Instructional Leader - DP
Barbara Wright	Assistant Principal Learning
Pam Smith	Assistant Principal Learning Relieving

2017 Classes

Early Stage 1	Tianne Buderus - Assistant Principal - Relieving
K-1/21	Jodie Clarkson
K22	Michelle Phillip/ Leah Jenkins
K23	Tianne Buderus/ Kirsten Reed
K24	Penny Holm
K25	Peter Anderson

Stage 1 Jacqui Riley - Assistant Principal -
Relieving

1/17	Belle Meadows
1/18	Margaret Deverell
1-2/19	Jacqui Riley/ Emma Breese
1/20	Marissa Holland
2/16	Alison Bertwistle
2/29	Tristan Marshall
2/30	Donna Jones
2/31	Natalie Galle

Stage 2 Lynelle Patterson - Assistant Principal

3/8	Justine Mills
3/9	Kate Mutch
3/10	Dee Osinski
3-4/11	Brooke Egan
4/12	Jenna Newman
4/14	Leah Pasierbek
4/15	Lynelle Patterson/ Jessica Munro

Stage 3 Paula Drew - Assistant Principal - Relieving

5/3	Carolyn Peters
5/32	Carol Pearson
5/34	Sonia Kennedy
5-6/7	Paula Drew/ Kellie Connolly
6/1	Simon Maher
6/2	Susan Gonzalez
6/4	Michael Lavis

Support Scott Machon - Assistant Principal -
Relieving

3-6/5	Scott Machon/ Kelsey Taylor
K-6/6	Simon Maidment
4-6/26	Emily Wilde
3-5/27	Elizabeth Lutherborrow
K-2/28	Carol Nesbitt

Please be reminded that if you have any issues about your child's learning or well-being at school, contact the class teacher.

Road Safety Around Our School

Schools are safe places, but the roads around them can be dangerous, with large numbers of cars and people moving around. Children and parents need to take special care in school zones to ensure everybody stays safe, be it as a driver, passenger or pedestrian. As you may have noticed, Forster Public School has additional signage to ensure that road rules are visible and clear.

Kids look to you to keep them safe...

Know the signs. Know the rules.



Bus Zones

Stopping is not permitted during the times shown on this sign.



No Stopping Zones

Stopping is not permitted any time.



No Parking Zones

Drivers may drop off or pick up children during the times shown, but note:

- the maximum stopping time is 2 minutes
- the driver must remain within 3 metres of the vehicle.

Fines and loss of demerit points apply.

A road safety initiative from MidCoast Council [MidCoast Council](http://www.midcoastcouncil.com.au)

Remember:

- School zones are 40 km/h speed limits
- The 40km/h speed limit must be obeyed in school zones between 8-9:30am and 2.30-4pm and when the rear wig wag lights on the bus flash.
- Flashing headlights on these buses also alert oncoming motorists that children are close by. Look for buses pulling out!
- Never park in or near a bus stop or bus zone.
- Fines and loss of demerit points will apply if rules are not followed.
- Avoid dangerous manoeuvres such as U-turns and three-point turns.
- Slow down near the school crossing. Always give way to pedestrians particularly when entering and leaving driveways.

- Avoid parking in or near the school bus bay or across driveways.
- Drop your children off and pick them up on the school side of the road in your school's designated drop off and pick up area.

Bus Travel

It is important that all students who travel on a bus show their bus pass as they board the buses or a fare has to be paid. This is now a requirement that the bus company must follow.

Also it is important for all bus travellers to know that if they do not follow the instructions from the bus driver or if they are placing themselves or others at risk of harm eg by not sitting in their seat or placing any body parts outside the confines of the bus, that this could result in them being given a caution or even being unable to use the bus to get to or from school for a certain length of time.

Rick Clissold
Anne Evans
Katrina Pettet
Karen Austin
Keryn Stone

Principal
Deputy Principal - Relieving
Deputy Principal - Relieving
Instructional Leader
Instructional Leader

Support Unit Settling In

A few adjustments to classes have been necessary in order to cater for new enrolments and individual learning needs. All the children are learning their new routines and settling into classes very well. It is always very tiring getting back into 5 days a week, particularly with this humid weather, so we want to encourage the children to get to bed early and have plenty of water in their drink bottles. This can make a big difference to how they cope throughout the day.

Students are required to wear a school hat when outside. If you send in \$10 we can assist your child in buying one from the canteen as hats are for sale every day.

Welcome to the new staff, especially Miss Wilde who is the teacher on class 3-6/26. We would also like to welcome the new students and look forward to a great year.

There will be notes coming home regarding buses and the local walking excursion note.

The students have daily fruit breaks and we recommend each student bring a piece of fruit or vegetable each day. This is an important program and we encourage all students to participate.

Scott Machon
Assistant Principal Support - Relieving

Early Stage 1

TALL Program

Students have settled into Kindergarten routines and have participated in the talking and listen program. This program runs 2 mornings per week for Weeks 3-5. Students work in small groups to learn skills in listening and they are taught how to talk and respond in full sentences. Thank you to the parents who have supported this program so far. We still need your assistance and you can help out on a Tuesday and Wednesday morning in K-1/21, K22 and K23 and on a Thursday and Friday in K24 and K25 from 9am-9:20am.

Labelling belongings

Just a reminder to label all belongings including lunchbox, drink bottles, clothing and hats. The students are learning how to take care of their belongings however, at times some items are misplaced and if they are clearly labelled we have more chance of returning them to the owner.

Crunch and Sip

All classes support the Crunch and Sip Program. Please send in a piece of fruit or vegetable for students to eat during this break. Fresh fruit or vegetables is preferred over packaged items.

Homereaders

Reading is extremely important and we are currently preparing homereading folders for all Kindergarten students. They should be ready by Week 4. Students need to practise reading a level reader on a daily basis. During these early weeks students are not expected to be able to read every word on the page, we are focusing on students practising turning the pages and using the pictures to assist them with what the story is about. We are teaching the students to point at each word as they read the sentence. We call it 'Crisp finger pointing'. High frequency words will also be provided for revision at home.

Pick Up

Please ensure your child knows how they are getting home each day. We will continue to finish at 2:30pm for the rest of this week and Week 4. Try to wait near the classroom but away from the walkways and corridors. It might be a good idea to set up a meeting point for week 5 when the students finish at 2:55pm.

We don't encourage Kindergarten students to catch the bus home for the beginning of Term 1. If your child needs to catch the bus please see the classroom teacher. OOSH is also available onsite for students who may need after school care and they currently collect the students from the Kindergarten classrooms.



Jack enjoys helping his sister Skye settle into Kindergarten routines during recess and lunch



Ruby with mum Rachel, was talking about how to solve problems in her group and wants to learn to read now she is at school



Jessica is talking about situations that happen at school, in her group and is determined to learn new things



Mackenzie with mum, Megan was listing things needed to go to different places and wants to draw and paint pictures at school



Piper is learning to describe real life situations and wants to make new friends while she is at school

**Tianne Buderus
Assistant Principal - Relieving**

Stage 1

Crunch & Sip

All classes have a designated 'Crunch & Sip' break each day. Some items to have in this time are fresh fruit, fresh vegetables or dried fruit and a bottle of

water. It is great to see the healthy choices children are making.

"Meet the Teacher" Sessions

For parents of children in Kindergarten, Year 1 and Year 2, "Meet the Teacher" night is on Tuesday 21 February, in classrooms. Times are to be confirmed. We hope to see you there!

Swimming Carnival

Some students from Year 2 attended the Swimming Carnival on Wednesday. They had a fantastic time and enjoyed the challenge. Well done to all those involved!

Sid Awards and Principal Awards

Sid Awards are handed out in the playground for personal best, safety and respect. Every Thursday morning children are drawn out of the box for a prize and a major draw at the end of each term. Congratulations to our first award winners.



Tanzin, Mia Bella, Jasmine, Allira and Sharlaya



Congratulations to these students for achieving their bronze, silver and gold cards, Finn, Travis, Ronald, Mackenzie, Dylan, Jayla, Indianna, Owen, Haley, Blake, Briella and Lachlan

Principal awards are up in the classrooms and students are able to obtain 2 awards per week for behaviour.

Jacqui Riley
Assistant Principal - Relieving

Stage 2

Students are settling well into their new classes for 2017. Please ensure students have a labelled school hat each day so they are able to enjoy playing safely in the playground. Students in Stage 2 also require their own pencil case with labelled lead pencils, eraser, coloured pencils, red pen, blue pen, whiteboard marker and a set of earphones for use with technology.

Crunch and Sip is in place in all classes. Students are encouraged to bring in a water bottle and fruit and vegies to eat during a short session that suits each class teacher.

Parent teacher nights are approaching fast. Please take this opportunity to meet your child's teacher. The staff are looking forward to meeting all the parents and sharing the exciting activities that will be happening with your child this year.

The sport rotation will commence on the 17 February and the only paying sport this term is swimming. Students will not be able to participate in the swimming program unless their money is paid up front. Class 3/8, Miss Mills class will be the first class to go swimming so please get notes and money in as soon as possible.

Lynelle Patterson
Assistant Principal

Stage 3

We are off to a wonderful start to the year. Our Grade 6 students and new school leaders have been conducting themselves in an outstanding manner. They are proving to be fantastic role models for the younger children. The Year 5 students are also demonstrating promising qualities as our seniors.

Stage 3 Camp

Our Stage 3 Excursion to Canberra in August has reached capacity; at this point and the office ladies are taking names for the 'waiting list'. The excursion involves visiting Parliament House, new

and old, staying at and utilising The Australian Institute of Sport's facilities, touring the War Memorial and spending a day at the snow in Perisher.

Expressions of Interest for High School

Expression of Interest for High School forms will be sent home with Year 6 students in coming weeks with an accompanying note. They will need to be completed accurately, indicating which high school you want your child to attend in 2018 and returned to the school by the due date specified on the form.

Meet the Teacher

Stage 3 teachers would like to invite you to meet with your child's teacher on Tuesday 21 February between 5pm and 6pm in their respective classrooms. We look forward to meeting you all.

It is by working together that we are best able to help children reach their full potential. If there are ever any issues, please make a time to see your child's class teacher. Together we can always find solutions. We anticipate it is going to be a great year and we look forward to getting to know all of you.

Paula Drew
Assistant Principal - Relieving

Choir

Calling all interested students in Years 3-6 to join the Choir.

At our school we recognise that music education promotes discipline and self-regulation, improves students' self-esteem and enhances self-confidence. Plus, it is fun!

Students in years 3-6 are able to join the choir and are offered wonderful opportunities to sing at school and external events around the region. Still looking for reasons to join the school choir? Singing is scientifically proven to benefit your health, and not just a little bit a LOT. All students are encouraged to join in, and announcements will be made over the next couple of weeks to get started.

Susan Gonzalez and Marissa Holland
Choir Co-Ordinators

Sport

The year has begun at a cracking pace. Our House Captains and Vice Captains have been selected and congratulations to the following students:

Albatross Captains - Harrison & Zoe
Albatross Vice Captains - Patrick & Leteesha

Shearwater Captains - Thomas & Lily
Shearwater Vice Captains - Brendan & Kaitlyn

Gannet Captains - Angus & Kym
Gannet Vice Captains - Marley & Charli

Penguin Captains - Jamie & Haylee
Penguin Vice Captains - Mitchell, Chase & Crystal

Congratulations to the students who swam in the Annual School Swimming Carnival. The sportsmanship on display was tremendous to see. The children competed at a high level with 35 children achieving selection to the Zone Swimming Carnival at Taree Aquatic Centre on Wednesday 22 February. The notes will go home with the eligible competitors. Please return the permission and medical forms to Mrs Kennedy with the \$5 zone levy. (Please note permission note to be sent home next week).



Zac, Ben, Sam and Cameron

Trials for PSSA Sports

Over the next few weeks many of the students will have the opportunity to try out for positions on school sporting teams. The coaches will announce when the trials will be held at morning assemblies.

The following sports are available to the students:

- Football trials with Mr Maidment
- Basketball trials with Miss Riley
- Cricket trials with Mrs Drew

- Tennis trials with Mrs Gonzalez
- Rugby League trials with Mr Maher
- Netball trials with Mrs Evans

These teams are playing in the PSSA competition. We have had great success in the PSSA competition, with several teams winning the title of Manning Champions. Best wishes to the teams this year on their efforts.

Zone Tennis Trials

Congratulations to Finn, Camden, Stevie and Kirra who tried out for the Zone Tennis Team at Tuncurry.

Paula Drew
Sport Organiser

Library News

Welcome back for another great year! It's so good to see students are prepared for library with their library bags ready for borrowing.

All students will require a cloth library bag for borrowing this year, and that could include a Coles or Woolworths bag or even an old pillowcase (they look great decorated with sharpies).

Issue 1 of bookclub has gone out and we have had a great response so far. Last orders are due back to school on Friday 17 February, and can be left in the blue box in the library or given to Miss Eggins.

A quick reminder to get any overdue books in as we still have quite a few outstanding from last year. If you have lost a library book, please replace it by sending a used book from home or from the op shop in with a note so that we can amend our computer records and you can resume borrowing again.

It's been great to see so many smiling faces from both old and new students alike.

Happy Reading!
Kellie Eggins & the Library Team

Kitchen Garden Program

Soon our next lot of children in Stages 2 & 3 will be starting in the Kitchen and Garden. These next 2 terms will see Stage 3 in the Kitchen with Trina preparing the garden harvest into scrumptious

dishes while Stage 2 will be in the Garden with Ellen our Garden Specialist, preparing our plantings for future harvest. A note will be hitting the school bags soon so keep an eye out for these. These notes give you an insight into the program and attached is a permission note you will need to complete. Please note the important allergy information section so that you can tell us about allergies and intolerances that your child may have so that we can be aware of these when preparing classes. Please return these notes as soon as possible with payment so we can get the classes up and running.

Weeks 6 & 7 will see the beginning of classes for the year, however, before we start we need to recruit lots of helpers! It is essential for Kitchen and Garden classes to operate. On Wednesday 22 February at 9:15am we will have a Volunteers Welcome Day to get to know the helpers and for them to find out what happens in the classes etc. There is no need for you to be a Don Burke or Jamie Oliver, you are there simply to guide the children in their set tasks and have a lot of fun with them. You might even learn something new yourself! Anyone can help out in classes so if you know someone that is looking for a program to volunteer in please let them know as well.

Ellen, our new Garden Specialist, has been volunteering her time all holidays to lovingly tend our vege gardens so, that despite the heat, it is still thriving! A big thank you also to Cindy Sampson (our past garden specialist) who assisted Ellen with this. Cindy also arranged a working bee and donated her time and money to retro fit the corrugated garden beds making them wider and more insulated against the heat. Thank you Cindy for your kind generosity.

Other people we also have to thank for their assistance for in the program are:

- ❖ Phil York Knives who has so kindly offered to sharpen our huge collection of knives in the kitchen for the coming year
- ❖ Steven Ward - Butcher - who has sharpened our knives for the past 3 years!
- ❖ Gnomes Landscaping Supplies Taree for their continued support by supplying garden soil and mulch at discounted rate.
- ❖ Farmers Patch Fruit & Veg Lake St - Mel and Adrian sponsored us last year for \$20 a week in fresh produce such as vegetables, eggs, and dairy goods. As well as doing this they sell the fundraising preserves the children make for the program. So if you

venture in there for your fruit and veg shop, keep an eye out for pickles, jams and relishes made by the Kitchen Garden Program. All proceeds from these go straight back into buying supplies and equipment for the program.

The generosity of parents and community who want to help the Kitchen Garden Program still astounds staff. Without their kindness we wouldn't be able to keep running the program to such a high standard. So please help repay these local businesses by shopping local.

See you in the Kitchen and Garden soon!

Trina Smith
Kitchen Specialist

P & C News

We would like to welcome everyone back to the new year.

The uniform shop is returning to the usual hours of Tuesday 8:30am - 9:30am and Thursday 8:30am - 9:30am.

Order forms are available from the front office.

If you would like to know more about our P&C please come down and have a chat at the uniform shop during opening hours.

Please note that our AGM will be held on Monday 13 March 2017 at 7pm in the staffroom. All parents are welcome.

We are always looking to welcome new helpers during the year to assist us with the many fundraising activities we do, which include the Mother and Father's Day stalls, Canteen and Cake stalls.

Lee Caithness
P & C President

Community News



Forster Netball Club welcomes all new & existing players
To the 2017 season.

COME & TRY NIGHT (& DRESS FITTING) - Tues 7th Feb 3.3pm onwards
DRESS FITTING & INFO NIGHT - Thurs 16th Feb 5.30pm - 7.00pm
(Both held at Boronia Park Netball Courts)
ALL REGISTRATIONS & UNIFORMS TO BE COMPLETED ONLINE AT
mynetball.com.au

\$85 - NetSetGo 5-10 year old
\$105 - Junior 11-17 year old
\$125 - Senior 18 years & over

Dress Hire \$50
Dress Purchase \$100
Training Shirt \$25 (Same as last year)

Netball is played every Saturday at Boronia Park and starts 18th March.
Email: forsternetballclub@gmail.com FACEBOOK: Forster Netball Club
Please call Andrew 0409425140 for any further info.



Register now!

Registration is now open. Come and join your mates for some fun playing soccer. From mini roos through to our senior squads.... There is sure to be a team for you! All teams need to be finalised before March 13th. Please go to MYFOOTBALLCLUB.COM to register.

Contact our registrar Sue on 0403662875 for more information!

Rego days at Lakes street, Forster.

- 7th of Feb, 10am-2pm
- 21st of Feb, 10am-2pm
- 6th of March, 10am-2pm



Great Lakes United
Football Club



YOUR LOCAL FORSTER SOCCER CLUB

Calling all local junior players – boys and girls

Come down to our information days or register online
www.myfootballclub.com.au
Visit thevikings.org.au

When: Saturday the 18th and 25th of February at Boronia Park from 9-11. Shorts socks included in registration fee for new players to club. Training Polo top provided for all players

Everyone wants to be a VIKING

Contact

Mark Jackson
0431744027
or
Kevin Stevens
0400 356 607

Tell a Friend Get
Involved



MANNING
VALLEY
BMX CLUB
PRESENTS

**COME AND TRY
BMX**



Have you ever wanted to ride a BMX bike?

Here's your chance - Join us and join in!

MANNING VALLEY BMX CLUB is proud to give you a chance to 'Come And Try' one of the fastest growing sports in Australia - **BMX racing!**



All you need is a **bike, long-sleeved shirt, long pants, enclosed shoes and full fingered gloves.** We'll supply the bike, gloves and helmet if you don't have one. Learn how to ride the jumps, roll the berms and play fun BMX games with members of the **MANNING VALLEY BMX CLUB!**

**Saturday 18th February,
10am - 12pm**

Taree BMX Track, Urara Lane.

Search for Manning Valley BMX Club



Free BBQ afterwards!

Hallidays Point Physie Club

Does your daughter love to dance ?

Classes are starting back and new classes are now starting Monday 13th February at the Memorial Hall, Tuncurry for ages 5 to 12 years . There are ladies classes too !

Physie is a little bit of exercise, floor routine & dance aiming to increase their flexibility, co-ordination, and help build their confidence.

First 2 classes are free so why not come along and try it ?

Phone Marilyn on 0410 789 314



Do you parent or care for someone on the Autism spectrum?

We are looking for expressions of interest for a

Forster Autism Support Group for Parents & Carers

Do you want to talk to other people who have had similar experiences as you in an inclusive and safe environment?

If any of these questions apply to you, or you have any suggestions for the support group we would love to hear from you!

Call (02) 5594 1110

Or email

melissajones@midcc.org.au

Are you interested to learn about what supports are available in your local community?



Good for Kids good for life

WINTER SPORTS REGISTRATIONS

Joining in team sports is a great way to increase your child's physical activity. Other benefits include:

- Teaching teamwork
- Increasing communication skills
- Gaining confidence through interaction with other children
- Teaching children it is ok to lose sometimes
- Making new friends
- And most importantly, having fun!



Registrations for winter team sports open in the first weeks of Term 1 so why not inquire today about what team sports are available in your community?



Good for Kids good for life

WATERMELON ICE BLOCKS

INGREDIENTS	QUANTITY
Diced Watermelon	2 cups
Fresh strawberries (hulled)	10
Lemon Juice	1 x lemon
Water (optional)	1/2 cup

METHOD

1. Combine all ingredients in blender and blend until smooth
2. Pour into ice block moulds
3. Freeze until hard
4. Enjoy on a sunny summer day!





*Are you looking for
a great team sport
to play?*

*Come to Taree
Tigers Hockey*

*Club & give Hockey a go. There
is a free starters pack for all new
junior players.*

*It is a great team sport for boys
and girls from 5 years of age.
Taree Tigers Hockey Club is
looking for players in 2017 for both
Junior & Senior competitions. No
matter what your age or ability we
have the junior Boys or Girls or
senior team just for you. **We have a
registration day on Monday
February 27th 4.30 to 6.30pm at
the Taree Hockey Centre. If you
would like to just come and try
before you decide you are very
welcome also. Contact Tony Lewis
on 0418510986 or Nicole Clark on
0467433428 for more information.
So come on, give hockey a go in
2017.***

Taree West Raiders Hockey Club

Hockey is a great sport for everyone with training and games all at the one venue.

We are a Fun, Family and Team focused Club.

We are looking for players to join our 2017 season.

Even if you have never played before there are teams for everyone!

All players are welcome! From juniors to seniors both Women's and Men's



For more information contact;

Ruth Sheather: 0427 563 295

Michelle Collier: 0427 602 270

Jason Sipek: 0407 502 780

Leanne Davy: 0435 225 900

Visit our Facebook page.

Or website www.twhc.org.au